

Capital Area Football Conference

COLONIAL BEACH

★★★

Coach:

Jeremy Jack

2005: 10-1, 4-0

Starters: 3/3

Defending conference champion Drifters have gone undefeated in the five-team league the past two seasons but lack experience on both sides of the ball.

MASSANUTTEN MILITARY

★★

Coach:

Cam Carte*

2005: 7-3, 3-1

Starters: 4/4

Former Auburn and Mississippi St. assistant Carte has an experienced backfield, led by junior Yannick Morgan-Welch (1,256 yards in '05) and bruising FB Mike Walter.

MODEL

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Coach:

Bob Miller

2005: 4-5, 1-3

Starters: 3/3

Seniors Johnny Bingham and Travis Oshman will split time at QB, and both need to gain experience under center. Junior FB Mike Halloran will get the bulk of the rushes.

WORD OF LIFE

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Coach: Nick

Metrokotsas*

2005: 1-9, 0-4

Starters: 7/7

Metrokotsas has abundant coaching experience but inherits a team with only five seniors. QB Mark Beale, at 6-3, 220 pounds, throws the deep ball well.

HYDE

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2005: 2-8, 2-2

Coach:

J.J. Velez*

Starters: 8/6

Lack of size on the offensive and defensive lines will be the team's biggest concern. DB-turned-QB Jon Bullock, a junior, makes his debut under center.