

# AAA Patriot District

## ANNANDALE

★★★

### Coach:

Dick Adams

2005: 7-4, 7-0

Starters: 5/5

Senior QB Nate Cartagena (1,264 rushing yards, 11 TDs), who led the Atoms to their first playoff appearance since 1994, fronts a well-stocked backfield that also will feature seniors Antwaun Broxton, R.J. Pearson and Andrew Lewis.

## LAKE BRADDOCK

★★★

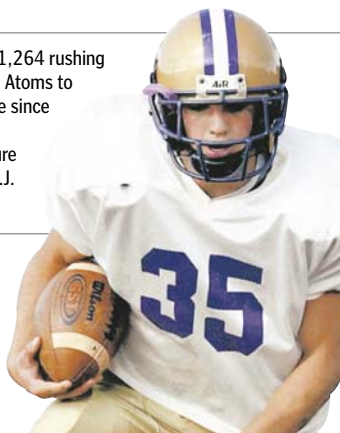
### Coach:

Jim Poythress

2005: 6-4, 4-3

Starters: 7/6

With renewed confidence after going 0-10 in 2004, the Bruins have four established offensive linemen that will try to spring senior RB **Jordan Russell** (1,598 yards, 10 TDs).



## LEE

★★

### Coach:

Rob Everett\*

2005: 6-4, 5-2.

Starters: 3/4.

Everett believes the Lancers might have a Division I prospect in senior RB Brandon Cameron (1,195 yards, 12 TDs).

## T.C. WILLIAMS

★★

### Coach:

Greg Sullivan

2005: 4-6, 2-5

Starters: 6/6

Sullivan will be coaching his first four-year class, and the freshman and JV teams were a combined 26-5-1 the past two years. QB Jamal Ford and RB Walter Smith give T.C. speed.

## WEST POTOMAC

★★

### Coach:

Eric Henderson

2005: 4-6, 3-4

Starters: 7/5

After going 154-55 their first 18 seasons, the Wolverines slipped to 8-22 the past three. But they could be poised for a rebound behind proven QB Chris Farquhar.

## WEST SPRINGFIELD

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### Coach:

Bill Renner

2005: 5-5, 4-3

Starters: 6/4

Senior QB Peter Lalich (2,671 yards, 22 TDs), a Virginia recruit, will try to lead the Spartans to their first playoff appearance since 1993.

## HAYFIELD

★

### Coach:

Billy Pugh

2005: 2-8, 2-5

Starters: 3/3

The Hawks' starters, including DL Brandon Russell and RB Alonzo Cliatt, are solid, but the roster size is still small after the opening of South County last year.

## SOUTH COUNTY

★

### Coach:

Pete Bendorf

2005: 1-9, 1-6

Starters: 10/11

The first-year Stallions had no seniors last year, but they have gotten much stronger: Last August, three players could bench-press over 200 pounds. Now 23 can.