

Washington Catholic Athletic Conference

DeMATHA

★★★★

Coach:

Bill McGregor

2005: 11-1, 7-0

Starters: 2/8

Many of the offensive players are new, but junior WR Kenny Tate is special and G-DE R.J. Shannon is a leader up front. LB **Ian Thomas** heads up the defense.

« Ingle

GOOD COUNSEL

★★★★

Coach:

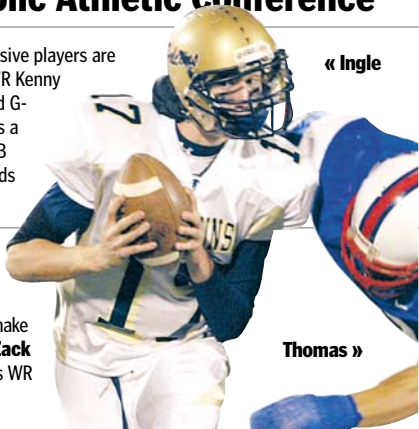
Bob Milloy

2005: 8-4, 6-1

Starters: 6/8

Experienced linemen — including LT-DE Nick Jenkins (Virginia) — will make them a force. QB **Zack Ingle** is back, as is WR Collin Stevens.

Thomas »



ST. JOHN'S

★★★★

Coach:

Joe Patterson

2005: 6-5, 4-3

Starters: 5/8

TE-DE Tony Tucker is one of the area's most explosive players, but he isn't the Cadets' only stand-out. TB Antwon Bailey and OL Pete White could help challenge for a title.

GONZAGA

★★

Coach:

Kenny Lucas

2005: 6-5, 4-3

Starters: 4/8

With 31 returning varsity players, Eagles will be in the hunt again this season. QB Joey Orfina is back and RB-DB Tyrone Putman will have to step up in the backfield.

PAUL VI CATHOLIC

★★

Coach:

Pat McGroarty

2005: 5-5, 3-4

Starters: 5/3

All-WCAC QB D.J. Mangas is back, but the key to the Panthers' season will be their offensive line, where Randy Padgett is the only senior among five new starters.

BISHOP McNAMARA

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Coach:

Bryce Bevill

2005: 3-7, 2-5

Starters: 10/4

There is optimism for the Mustangs as third-year QB Earl Harris will work behind four returning starting linemen and has three returning wide receivers.

CARROLL

★

Coach:

Joe Johnson

2005: 1-9, 0-7

Starters: 7/7

The Lions should be able to improve on last season as QB Ian White returns for a third season and WR-CB Akeem Jordan leads a group of experienced seniors.

O'CONNELL

★

Coach:

Steve Trimble

2005: 5-5, 3-4

Starters: 6/6

All-WCAC RB Devon Brown (14 rushing TDs) transferred to Stone Bridge, so now the offense will rely on QB James Chevez and WR Jordan Trimble.