



COURTESY OF JOHN EDWARDS

Ohio State-bound Dominic Clarke helps Tuscarora fill 16 positions with players who started last season.

TUSCARORA

★★
Coach: Shawn Carey
2007: 4-6, 1-4
Starters: 8/8

RB-CB Dominic Clarke (Ohio State) is foremost on a list of talented players who make Tuscarora a team to watch in the MVAL.

S 5	Frederick	7
S 12	Middletown	7
S 20	at Dominion	7:30
S 26	North Carroll	7
O 3	at Thomas Johnson	7
O 10	at Walkersville	7
O 16	at Linganore	7
O 24	Urbana	7
O 31	Westminster	7
N 7	South Carroll	7

URBANA

★★★
Coach: Joe Polce
2007: 7-4, 4-1
Starters: 6/5

Senior lineman Bobby Kmetz and Lex Utt pave the way for RB Kevin Wilkes, who rushed for more than 1,500 yards and 17 TDs in 2007.

S 5	Lackey	7
S 12	at Martinsburg (W.Va.)	7
S 19	Jefferson (W.Va.)	7
S 26	at Frederick	7
O 3	at Westminster	7
O 10	at Thomas Johnson	7
O 17	Gwynn Park	7
O 24	at Tuscarora	7
O 31	North Carroll	7
N 8	Linganore	7

BRUNSWICK

★
Coach: Patt Foster*
2007 Record: 2-8, 1-4
Starters: 3/5

Seniors Jeff Lambright and Marcus Hall and sophomore Tyrus Lawson compete for the starting QB job.

S 5	Poolesville	7
S 12	at Liberty (Md.)	7
S 18	Middletown	7
S 26	at Walkersville	7
O 3	at Williamsport	7
O 10	at Smithsburg	7
O 17	Boonsboro	7
O 24	North Hagerstown	7
O 31	Clear Spring	7
N 7	at Catoctin	7

CATOCTIN

★★
Coach: Doug Williams
2007: 6-6, 4-1
Starters: 5/5

After winning a share of the conference title for the first time in 18 years, Catoctin will look to senior OL-LB Jake Fields for leadership.

S 6	Severn	7
S 12	at Mountain Ridge	7
S 18	at Walkersville	7
S 26	South Carroll	7
O 3	Liberty (Md.)	7
O 10	at Clear Spring	7
O 18	at Williamsport	2
O 24	Smithsburg	7
O 31	at Boonsboro	7
N 7	Brunswick	7

FREDERICK

★★★
Coach: Vince Ahearn
2007: 8-2, 4-0
Starters: 8/7

Senior LB Andrew Zimnik leads a defense that allowed 11.3 points per game in the 2007 regular season.

S 5	at Tuscarora	7
S 12	Winters Mill	7
S 19	at Century	7
S 26	Urbana	7
O 3	F.S. Key	7
O 10	South Hagerstown	7
O 16	at Middletown	7
O 24	Walkersville	7
O 31	at North Hagerstown	7
N 8	at Thomas Johnson	1.

LINGANORE

★★★
Coach: Rick Conner
2007: 9-2, 5-1
Starters: 6/7

Junior WR Ryan Dixon and junior T Robbie Havenstein return for an offense that scored more than 30 points eight times last season.

S 5	C.M. Wright	7
S 12	Thomas Stone	7
S 19	at South Hagerstown	7
S 26	Thomas Johnson	7
O 3	at Middletown	7
O 10	Westminster	7
O 16	Tuscarora	7
O 24	at North Carroll	7
O 31	at F.S. Key	7
N 8	at Urbana	7

MIDDLETOWN

★★
Coach: Kevin Lynott
2007: 7-5, 2-2
Starters: 3/3

Senior QB Rob Michels led Middletown to the 2A West Region final last season and returns along with RB-LB Tony Boyer.

S 5	DeMatha	7
S 12	at Tuscarora	7
S 18	at Brunswick	7
S 26	Century	7
O 3	Linganore	7
O 10	North Hagerstown	7
O 16	Frederick	7
O 24	at South Hagerstown	7
O 31	Thomas Johnson	7
N 7	at Walkersville	7

THOMAS JOHNSON

★★★
Coach: Ben Wright
2007: 10-3, 3-2
Starters: 3/3

Last year's 4A North Region champs have plenty of talent in senior WR-DB D.J. Scott, senior QB D.J. Jenkins and junior LB Nick Forbes.

S 5	Northeast	7
S 13	at Mount St. Joseph	1
S 19	F.S. Key	7
S 26	at Linganore	7
O 3	Tuscarora	7
O 10	Urbana	7
O 17	at North Carroll	7
O 24	at Westminster	7
O 31	at Middletown	7
N 8	Frederick	1

WALKERSVILLE

★★
Coach: Ryan Hines
2007: 3-7, 1-3
Starters: 3/4

Senior LB Tyler White, senior DE Todd Keyser and senior OL Jordan Dixon lead the way for a team seeking its first playoff bid since 2004.

S 5	at Winters Mill	7
S 12	at Century	7
S 18	Catoctin	7
S 26	Brunswick	7
O 4	at Smithsburg	7
O 10	Tuscarora	7
O 17	at North Hagerstown	7
O 24	at Frederick	7
O 31	South Hagerstown	7
N 7	Middletown	7

CÉSAR CHÁVEZ

★
Coach: Dane Charles*
2007: 4-4
Starters: 6/6

Charles inherited a significant rebuilding situation and is modernizing practices with more current equipment and drills.

S 12	at Oak Hill D.C.	3
S 19	at Spingarn	4
S 26	at Theodore Roosevelt	7
O 10	at Ed-Friendship at TBD	7
O 18	at Hyde	2
N 1	at Calvert Hall at TBD	7

FRIENDSHIP COLLEGIATE

★★★
Coach: Aazaar A. Rahim
2007: 8-3
Starters: 4/4

Senior RB James Brown will run behind heavily recruited 6-foot-7, 340-pound senior OL Richard Washington.

A 29	at Dunbar	7
S 5	at Coolidge	7
S 13	at Good Counsel	2
S 20	DeMatha at TBD	7
S 26	at Ballou	7
O 4	at St. Albans	1
O 11	Fairmont Heights at TBD	2
O 17	at Martinsburg (W.Va.)	7
O 25	River. Bapt. at TBD	2
N 1	St. Mary's Ryken at TBD	7
N 7	at St. Frances	7

MARYLAND SCHOOL FOR THE DEAF

★★
Coach: Andy Bonheyo
2007: 11-0
Starters: 5/5

Ryan Bonheyo, a Towson recruit, rushed for 1,591 yards and 26 TDs.

A 29	at Balt. Lutheran	4
S 5	Southside Academy	7:30
S 12	at Owings Mills	7:30
S 20	at United Christian	1:30
S 26	Spingarn	7
O 4	at Texas SD	5:30
O 10	at Reading Catholic	7
O 18	Indiana	7
O 24	at Fuqua	7
O 31	at Model	7
N 7	Poolesville	7

RIVERDALE BAPTIST

★★
Coach: Bob Shields
2007: 8-4
Starters: 6/6

The Crusaders' Wing-T offense is led by senior QB Gabe Johnson, who last season had nearly 1,200 passing yards with 12 TDs.

A 30	at Cardinal Gibbons	7
S 6	at Fairmont Heights	2
S 13	at Bel Air	2
S 27	at Maryland Christian	2
O 3	at Curley at PG Sports Park	7
O 11	St. Mary's Ryken	2
O 17	Bish. Ireton at PG Sports Park	7
O 25	vs. Friend. Coll. at TBD	2
O 31	at Hyde	7

ST. MARY'S RYKEN

★
Coach: Bob Harmon
2007: 6-3
Starters: 1st year of varsity

QB Chris Rixey, LB-WR Dan Davis and OL Ned Arik, all juniors, will lead the transition to varsity.

A 29	at Annapolis Area Christian	3
S 6	at Bishop McNamara	2
S 12	at Paul VI Catholic	6:30
S 20	at O'Connell	2
O 3	at Liberty Christian	7
O 11	at Riverdale Baptist	2
O 18	at Sidwell Friends at Wilson	2:30
O 25	at Bishop Ireton	2
N 1	at Friend. Coll. at TBD	7
N 7	at Bullis	7.

Father figure of the league: Dave Carruthers, who built the programs at Linganore and Urbana, is one of only three Maryland coaches to win state titles at two schools. Bob Milloy and Al Thomas are the others.